



## December 2019 - NH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> <b>Sunday Church Service with Cliff and Don</b> 1:30 Calendar Hand out and Chat 2:30 Abby Fun! 3:30 Montessori	<b>2</b> 9:00 Pet Visits Cocoa 10:30 Piano with Muriel 2:00 Snoezelen Room 3:30 Sensory Stimulation	<b>3</b> 10:30 Tai Chi 11:00-11:45- Snack Shack 2:00 Coffee shop 6:30- Movement for Life with Louise	<b>4</b> 9:30 Sparkling Specs 2:00 Presbyterian Church 4:00 Friendly Visits 6:30 Bingo	<b>5</b> 9:30 Sensory Music 10:30 Music therapy 1:00-1:45 Snack Shack 2:00 Bowling Birthday Party 6:30 Making Gingerbread Houses	<b>6</b> 10:30 Catholic Church 2:00 Manicures 4:00 Montessori 6:30 Making Gingerbread Houses	<b>7</b> 1:30 Sensory Stim. 2:30 Writing Letters to Loved ones 3:30 Chair Dancing
<b>8</b> <b>Sunday Church Service with Cliff and Don</b> 1:30 Montessori 2:30 Target Shoot 3:30 Writing Letters to loved ones	<b>9</b> 9:00 Pet Visits with Oreo 10:30 Piano with Muriel 2:00 Happy Fiddlers 3:30 Sensory Stimulation	<b>10</b> 10:30 Tai Chi 1:00-1:45 Snack Shack 2:00 Resident Council 6:30 Movement for Life with Louise	<b>11</b> 10:30 Susan and Friends 2:00 Anglican Church 6:30 Bingo	<b>12</b> 9:30 Sensory Music 10:30 Music Therapy 2:00 Jones & Jones 4:00 1-1's 6:30 Christmas	<b>13</b> 10:30 Helping Hands 2:00 Christmas Tour de Erringung 4:00 Montessori 6:30 Bowling	<b>14</b> 1:30 Bocce Ball 2:30- Writing Letters to loved ones 3:30 Snoezelen Room
<b>15</b> <b>Sunday Church Service with Cliff and Don</b> 1:30 Christmas Door Hat Craft 2:30 Sensory Light Therapy 3:30 Target shoot	<b>16</b> 9:00 Pet Visits Cocoa 10:30 Piano with Muriel 2:00 Happy Fiddlers 3:30 Aroma Therapy	<b>17</b> 10:30 Tai Chi 1:00-1:45 – Snack Shack 2:00 Music with Joyce Gold 4:00 1-1's 6:30 Movement for Life with Louise	<b>18</b> 9:30 Sparkling Specs 2:00 Grace United Church 1:1 Friendly Visits 6:30 Bingo	<b>19</b> 9:30 Sensory Music 10:30 Music Therapy 2:00 Music with Jim and Mary Lang 6:30 You Cam Makeup	<b>20</b> 10:30 Helping Hands 2:00 Music with James Skarnikat 6:30 Abby Fun!	<b>21</b> 1:30 Sensory Stim. 2:30 Reading Circle 2:30 Sit and Stretch
<b>22</b> <b>Sunday Church Service with Cliff and Don</b> 1:30 Montessori 2:30 Making Jewellery 3:30 Ring Toss	<b>23</b> 9:00 Pet Visits – Oreo 10:30 –Piano with Muriel 2:00 Snoezelen Room 3:30 Computer Time and Aroma Therapy	<b>24</b> 10:30 Tai Chi 1:00-1:45 Snack Shack 2:00 Coffee Shop 4:00 1:1s 6:30 Movement for Life with Louise	<b>25 Merry Christmas!</b> 10:00 Opening Christmas Presents 2:00 First Baptist Church	<b>26</b> 9:30 Sensory Music 10:30 Library Visit 10:45 Music Therapy 2:00 Lets Cook Supper! 5:00 Supper Club	<b>27</b> 10:30 Holiday Glam Shots 4:00 Montessori 6:00 Ladies Spa Night	<b>28</b> 1:30 Montessori 3:00 Music with Michael Semenuk
<b>29</b> <b>Sunday Church Service with Cliff and Don</b> 1:30 Montessori 2:30 Baking Cookies	<b>30</b> 10:30 Music with David Lathum 2:00 3:30 Aroma Therapy	<b>31</b> <b>Happy New Year!</b> 10:30 Tai Chi 1:00- 1:45 Snack Shack 2:00 Coffee Shop 6:30 New years Eve Party				

Exercise Classes are on Tuesday, Wednesday, and Friday Morning @ 9:30am in the South Lounge ----- Balance Class is on Thursday @ 9:30am in the North Lounge